

TEAM NETBALL





warning: NOT FOR THE FAINT-HEARTED



Shaped by our values, honouring our achievements.



Our Values

Caring, striving, disciplined, resilient & reflective.



Holistic Training Programme

- ★ Study sessions
- ★ Yearly camp and community service
- ★ Sports workshops and mental training to build character & mental skills
- ★ Exploring abilities beyond Netball other sports, aesthetics



Overseas Cultural Trip, Bangkok 2019









Values-in-Action 2019



We volunteered at the Christian Outreach to the Handicapped for our 2019 VIA project.



Values-in-Action 2018 Tampines Regional Library @ OTH



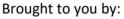


The Mindset of Champions:

Mental
Toughness
Strategies for
CCA, Studies, and
Life













Sports Clinic by Team Namibia @ M1 Netball Nations Cup 2019







Yearly Netball Appreciation Camp







Beach Training



Nationals 2019

'B' Division: 2nd

'C' Division: 4th





Nationals 2018

Nationals 2017

'C' Division: 2nd

'B' Division: 4th











Termly Celebrations



Netball Friendly 2019 TAS







Netball Friendly 2019









Netball Carnivals



Direct School Admissions 2019







Sports Course Immersion 2018 @ Republic Polytechnic





We are a family...





...with strong roots.



National Netball Player, CHARMAINE SOH, was from St. Hilda's.





Passionate about Netball, and enjoy challenging yourself? Join us.